



MENTAL HEALTH KOKUA'S ONGOING PROGRAMS AND SERVICES

For nearly four decades, Mental Health Kokua has continued to create and deliver essential services and programs statewide that are community oriented and include outreach and community integration services for adults who are homeless and mentally ill; various case management services designed to support increasing levels of self-care capacity psycho-social rehabilitation activity programming directed to increasing social and vocational skills; peer counseling support and training leading to increased sense of confidence and social contribution; respite support allowing families to have a break in caretaking; and a spectrum of residential placement options all leading to recovery and community restoration for those who are able to participate. Mental Health Kokua's successful and ongoing programs include both ***Residential Recovery Services*** and ***Consumer Community Support Services***.

RESIDENTIAL RECOVERY SERVICES CONTINUUM

Safe Haven. This facility offers outreach, medical and psychiatric care, case management, 24-hour residential services, and social rehabilitation activities for persons who are homeless and have mental illness. Mental Health Kokua and Kalihi-Palama Health Center work collaboratively in operating this unique facility in downtown Honolulu which provided housing for 60 people in 2008 with 34 residents graduating and now off the streets in Honolulu living in permanent housing.

Therapeutic Living Program (TLP). An immediate, short-term alternative to institutionalization, the Therapeutic Living Program, located on Oahu and in Hilo, include community placement, access to clinical care, and linkage to needed community resources.

Transitional Residential Resources. A 24-hour supervised group residential facilities and individualized services in traditional housing settings serving persons with serious mental illnesses. Located on Oahu, Maui, Kauai and East and West Hawaii Hawaii.

Supportive Living Housing Sites. Supportive group housing is provided on a less intense level with consumer support available 8-16 hours a day on site and on-call. Residences are located in Oahu, Maui, Kauai and East and West Hawaii.

CONSUMER COMMUNITY SUPPORT SERVICES

Homeless Outreach. Outreach services are extended on Maui and Kauai to connect homeless mentally ill persons with mental health and special services including entitlements, and assist them in moving to transitional or permanent housing.

Case Management. Community based care management services are provided on Maui to individuals who need support and assistance in community recovery. Comprehensive services include crisis stabilization, treatment planning, recovery plan assessments and implementation, individual and group counseling, medication assessment and monitoring, and self-care education.

Psychosocial Rehabilitation. Mental Health Kokua offers a Maui therapeutic day rehabilitative social skill building service which allows individuals with serious mental illness to gain the social and communication skills necessary to allow them to remain in or return to naturally occurring community settings.

PEER Coach. The mission of the PEER coach project is to provide persons with mental illness the opportunities to empower themselves by teaching and learning skills necessary for daily living. The PEER coach, by using the empowerment-based model of recovery seeks to provide the consumer with participation in social and community based activities for a limited time per week.

More detailed information on Mental Health Kokua's ongoing programs and services can be accessed at www.MHKHawaii.org.

MENTAL HEALTH KOKUA ACCOMPLISHMENTS DURING 2008

Under the leadership of Greg Payton, Chief Executive Officer, Mental Health Kokua has realized numerous achievements for 2008 and into the first half of 2009. These include:

- Mental Health Kokua served almost 1,600 unduplicated people with mental illnesses in 2008.
- Mental Health Kokua Kauai developed the *Weigh' to Give Back* program. Mental Health Kokua clients on the Garden Island wanted to contribute back to the Kauai United Way for all they have received from that organization. Clients collect and recycle cans and with the money write a check each month to United Way. The program has been so successful and inspiring for the clients that a similar program is being implemented on the other islands as well.
- Mental Health Kokua was the winner of the Honolulu Better Business Bureau Torch Award, that aims to "promote trust in the marketplace by recognizing local businesses, charities, and individuals for their outstanding commitment to fair, honest, and ethical marketplace practices."
- Michael Nye Exhibition addressing the stigma of mental illness in May 2008 attracted more than 2,000 people to the Linekona Art Center and was very well received by the community.
- Mental Health Kokua developed a unique Maui pilot program targeting the dual diagnosis of mental illness and chemical dependency using a cultural approach.
- Mental Health Kokua developed the infrastructure to serve 200 people with mental health outpatient services on both Oahu and Maui.

- Mental Health Kokua has completed the process for becoming a provider with HMSA, Summerlin and Medicaid.
- Mental Health Kokua opened its newest group home serving 10 people on Market Street in Wailuku, Maui which was funded by sources including Maui County and the Weinberg Foundation.
- Mental Health Kokua's first annual Kona Fall Concert fundraiser was a huge success raising thousands of dollars that will be used for Kona services.
- Mental Health Kokua received a HUD award to purchase its first house in Leeward Oahu which will serve six people.
- Mental Health Kokua was nominated for the Pacific Business New Business Award for non-profit leadership.

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are needed to see this picture.

*We're Mental Health Kokua ...
Because Everybody Needs a Little Help Now and Then.*



MENTAL HEALTH KOKUA (www.mhkhawaii.org)

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